

f SW switch (state)

Tailoring with Electronic Textiles:

POETRY IN MOTION

January 10-12 2019

hosted jointly by Interface Cultures and Fashion and Technology
departments at the Art University Linz, Austria

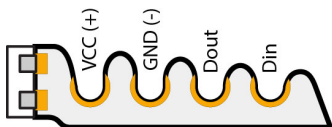
switch (state)

itch state

include include

include float

trust



This booklet belongs to: _____

Poetry in Motion

Written language is powerful tool for private communication as well as public propaganda. How would you feel about displaying words that hold meaning on your body?

In this workshop you will receive a commission for a “poetry in motion” jacket from somebody. They will provide you with a poem that holds meaning to them, and you will translate this into a garment.

KOBA Schneiderei für ELEktronische Textilien

www.kobakant.at/KOBA

For the last 6 months KOBAKANT have been running KOBA, a tailorshop for electronic textiles and wearable technology in Berlin, Germany. This workshop is our chance to share some of our experience at being e-textile tailors with you. We hope to challenge you to learn new techniques, inspire you to engage with this expressive medium, and also enjoy creating something for somebody else.

SCHEDULE

Thr	Fri	Sat
10-12 (2h) Introduction lecture	10-13 (3h) Arduino continued Analog sensor value → fade LED map, constrain Digital sensor → on/off Digital sensor → toggle/state Coffee break Install fastLED library Code examples	10-13 (3h) Commission working time
Lunch 12-13	Lunch 13-14	Lunch 13-14 (we prepare)
13-18 (5h) Meet the Materials SWATCH: traces and connections Textile Sensors SWATCH: textile sensor Intro: voltage divider, multimeter Worksheet: resistance, delta, voltage Intro: Arduino Programming Intro: “Poetry in Motion” Commission 17:00 Commissioners come	14-18 (4h) Lulu Intro SWATCH: Lulu Chain Lulu swatches in each group Intro: e-textile project process Interaction design exercise Commission working time	14-18 (4h) Commission working time 16:00 finish Fill out Lulu questionnaire 17:00 Commissioners come

CONTENTS

Meet the Materials

Introduction to electricity and multimeter

Textile Sensors

Voltage Divider Circuit

Arduino Programming

Lulu

E-Textile Design Process

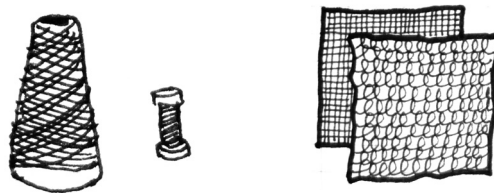
Meet the Materials

Not all conductive materials are equal. And we know very little about the origin of the materials we are working with.

Where do the raw materials come from?

How are they manufactured?

Can we recycle them?



Most conductive fabrics, threads and yarns are a blend of a conductor (metal, carbon or an inherently conductive polymer) and non-conductive synthetic or natural fiber. This blending is done at the level of plating, coating, doping and spinning, as well as weaving and knitting. Intertwining materials at this level makes it hard to separate them again. Unfortunately there is near to no information about how to recycle these materials, how to prolong their life-time or even how to properly dispose of them.

When working with these materials you should:

- **take care** to produce as little waste as possible.
- **consider** design solutions that use less material.
- **re-use** your own leftovers.
- **design for longevity**, make things that will last and that can be repaired when broken!
- **be curious**, find out as much information as possible about the materials you are using & wearing.
- **demand information**, contact suppliers as well as your local waste/recycling facilities and ask them to provide you with information about how to recycle them.

Conductive Fabrics, Threads and Fibers

conductive, resistive, piezoresistive



Copper Conductive Fabric

Corrosion proof copper-silver plated polyamide ripstop fabric

Producer: Statex

0.03 ohm/sq

note:



RIPSTOP SILVER FABRIC

Silver plated nylon

Vendor: lessEMF

0.25ohm/sq

note:



Silver Stretch Conductive Fabric

Silver plated knitted fabric, 78% Polyamide + 22% Elastomer plated with 99% pure silver

Producer: Statex

1 ohm/sq

note:

High Flex 3981 silver 14/000

Fine silver plated copper fiber plied with synthetic fiber core. Solderable
Producer: Karl Grimm

note:

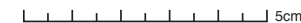


ohm/cm

Elitex

235/34 Polyamid plated with silver
Producer: Imbut GmbH

note:



ohm/cm

Conductive Yarn

Nm10/3 conductive yarn, 80% polyester 20% stainless steel, light grey
Producer: plug and wear

note:



ohm/cm



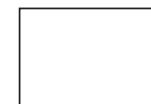
Velostat

Carbon impregnated black polyethylene film.

producer: 3M

500 Ohms/cm

note:



Bemis heat bond

textile iron-on glue. Not a conductive material

Producer: Bemis

note:

Conductive Traces

fused conductive fabrics and sewn conductive threads



fused conductive fabric

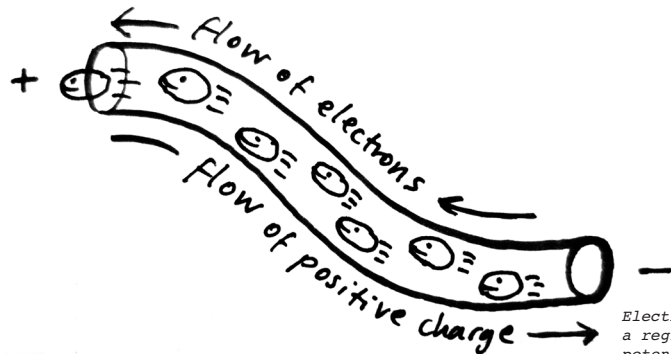


hand-sewn conductive thread



machine-sewn conductive thread

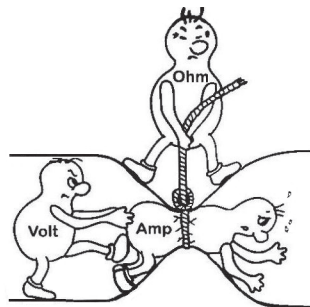
ELECTRICITY



Electrical current flows from a region of high charge or potential to a region of low potential.

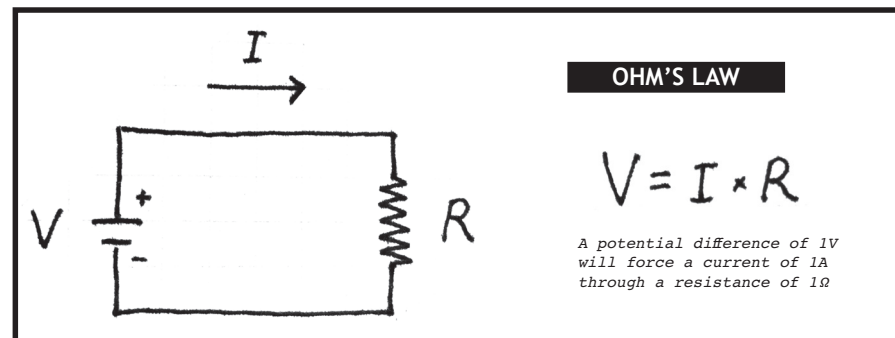
Voltage (V) - is electrical pressure or force. Sometimes referred to as potential. Voltage drop is the difference in voltage between the two ends of a conductor through which current is flowing.

Current (I) - is the quantity of electronics passing a given point. The unit of current is Ampere. 1 Amp = 6,280,000,000,000,000,000 electronics passing a point in one second.



WATER ANALOGY

If we compare electricity to water flowing through a pipe, then: Voltage is the water pressure, Current is the stream of flow of water, Resistance is the valve.



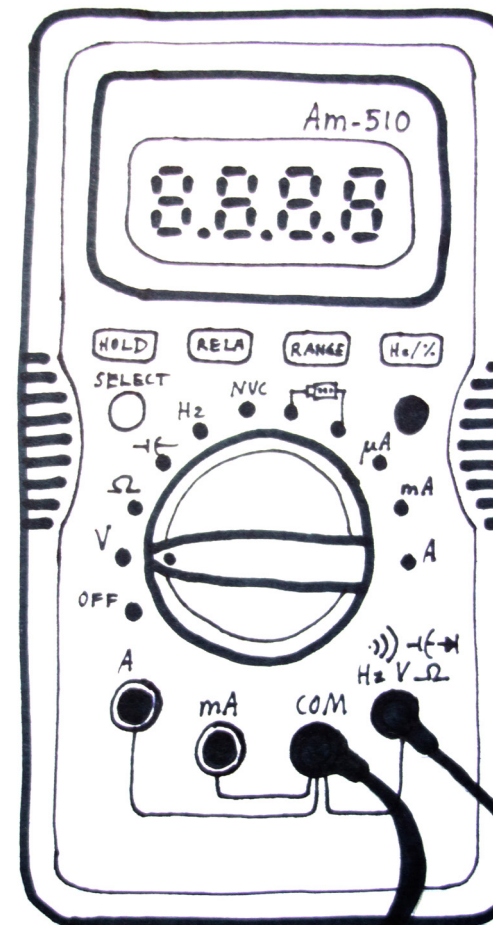
OHM'S LAW

$$V = I \times R$$

A potential difference of 1V will force a current of 1A through a resistance of 1Ω

YOUR FRIEND - THE MULTIMETER

The multimeter is one of the most important electronic textile instruments. We will use it it for measuring electrical continuity (beep), resistance (Ω), voltage (V DC), and current (Ampere).



Continuity

Resistance

Voltage

Current

The leads of the multimeter's probes plug into these sockets. The black lead can generally stay in the COM socket, while the red lead will plug into a different socket depending on what you are measuring.

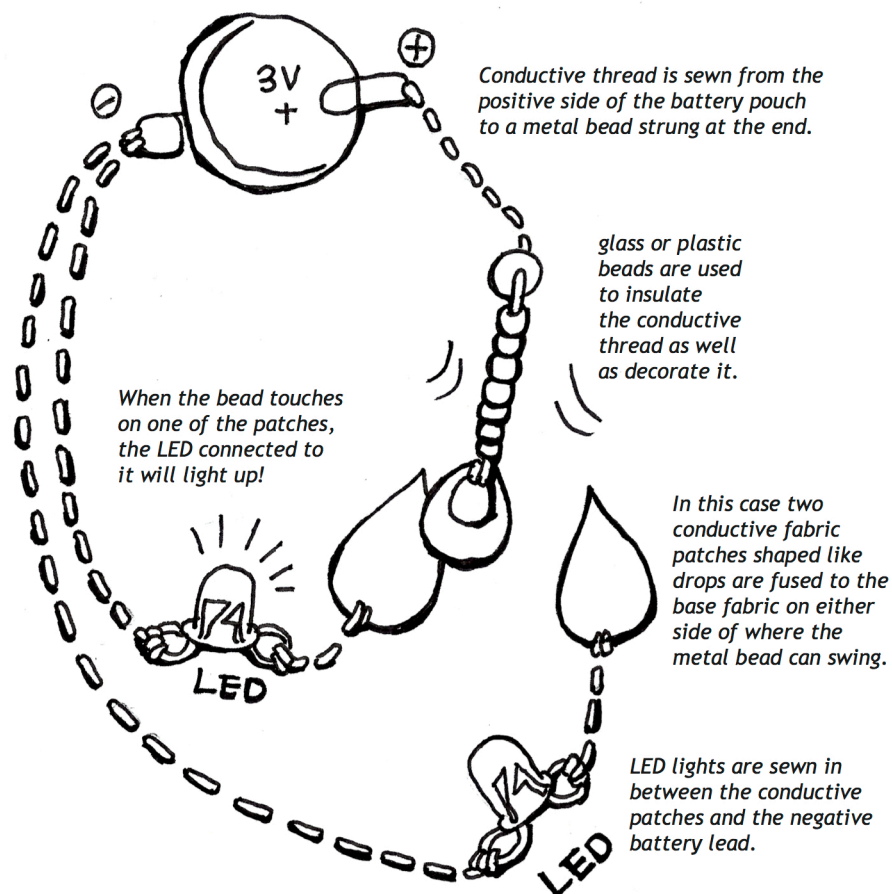
For measuring continuity, resistance and voltage, the red lead needs to be in the socket with these symbols.

For measuring current, the red lead needs to be plugged into one of the sockets with an A for Ampere.

Beaded Tilt Switch

A super simple tilt switch made from a metal bead strung on the end of conductive thread, and a patch of conductive fabric nearby.

This sensor is made by stringing a metal bead to the end of a piece of conductive thread. A patch of conductive fabric is fused to the base fabric so that when the metal bead swings to a certain point it makes contact with the patch, closing the switch.



Beaded Tilt Sensor

digital sensor

Contact Switch detects if two contact points are touching or not. By extending one of the contact points with conductive thread and metal bead with weight, you can create a sensor that detects tilting direction. The metal bead swings with gravity and touches with open contact as it gets tilted.

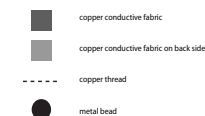
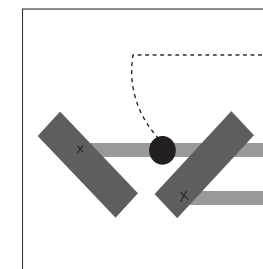
Materials: cotton fabric, copper thread (Karl-Grimm), copper conductive fabric, fusible interfacing, metal bead, glass/plastic bead

Tools: scissors, iron, sewing needle

Techniques: fusing, sewing

Tilt Sensor:

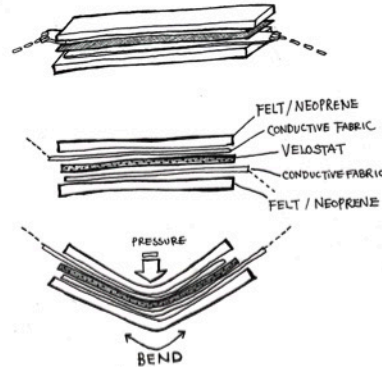
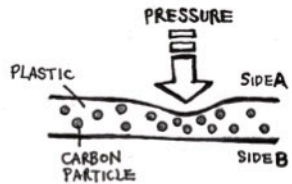
>> <http://www.kobakant.at/DIY/?p=201>



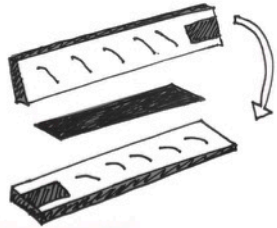
Neoprene Bend Sensor

This sensor is constructed by layering conductive and piezoresistive materials. Velostat is a piezoresistive plastic film that reacts to pressure with a decrease in electrical resistance. The sensitivity of this sensor can be adjusted by controlling how large the conductive areas on either side of the Velostat are.

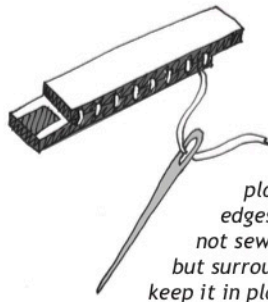
To make a bend sensor with a good range the conductive area should be minimized to just a few points of overlap. To achieve this the contacts on either side of the Velostat are stitched into neoprene as diagonal lines so that when they are sandwiched together they cross and only overlap in one point.



Cut two same size strips of neoprene. Thread the needle with conductive thread and tie a knot in one end. Stitch into the neoprene, exposing the thread in diagonal stitches as shown in the illustrations. Finish sewing the conductive thread by connecting it to a patch of conductive fabric at one end of the neoprene strip. This will make contacting the sensor easier.



Layer a piece of Velostat in between the two pieces of neoprene, with the conductive stitches facing each other. The conductive fabric tabs should be on opposite ends. Make sure the conductive thread and the conductive fabric on either side never touch directly, only through the Velostat.



Thread the needle with regular sewing thread. Holding the layered materials in place, stitch around the edges of the neoprene. Do not sew through the Velostat, but surround it with stitches to keep it in place.

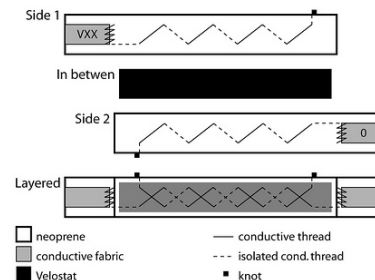
To test your finished sensor, connect either end to a multimeter set to measure resistance (Ohm). As you bend or pressure the layers of the sensor together, the resistance should decrease. Depending on the construction of your sensor, the values should range from 2K Ohm to 200 Ohm.

Neoprene Bend Sensor

analog sensor

This bend sensor actually reacts (decreases in resistance) to pressure, not specifically to bend. But because it is sandwiched between two layers of neoprene (a thick, sturdy material), pressure is exerted while bending, thus allowing one to measure bend (angle) via pressure.

You can make this sensor with any piezoresistive material, such as velostat, eeonyx non-woven or eeonyx stretch as middle material.



Materials: neoprene, conductive thread, piezoresistive material (velostat, eeonyx non-woven or eeonyx stretch), conductive fabric (silver stretch), fusible interfacing

Tools: scissors, sewing needle, iron

Techniques: cutting, fusing, layering, sewing

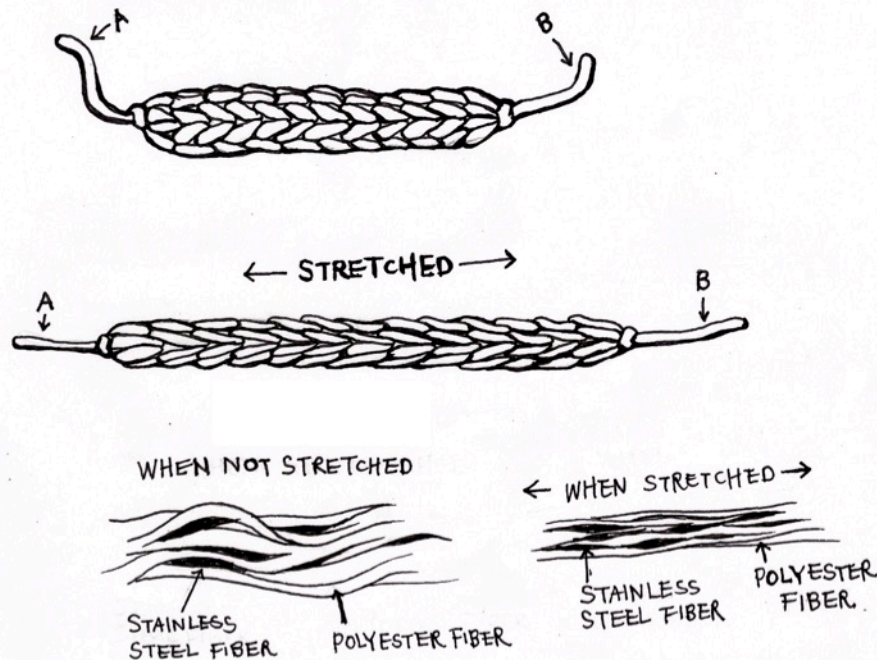
Neoprene Bend Sensor:

>> <http://www.kobakant.at/DIY/?p=20>

Knit Stretch Sensor

Stainless steel yarn is perfect for knitting or crocheting stretch sensors. The yarn is spun from a stainless steel and polyester yarn blend, making it conductive, but with a very high electrical resistance. When in a relaxed state the individual conductive fibers are not touching much, but when compressed through pressure or stretch, the steel fibers in the yarn make better contact and it becomes more conductive the more it is compressed. We can use this property of the yarn to sense stretch or pressure.

A single strand of yarn can already be used as a stretch or pressure sensor. But you can knit or crochet the yarn into any shape you like to make it more stretchy or squishy and giving you some feedback when manipulating the material.



Knit/Crochet Stretch/Squeeze Sensor

analog sensor

Conductive yarn knit into tubular knit with 4 needle knitting mill. It lowers its resistance across the two end as it gets stretched.

Materials:

Plug and wear Conductive yarn (polyester 80% Stainless steel 20%), non-conductive yarn

Tools: knitting mill, crochet hook, scissors

Techniques: knitting with 4 needle knitting mill

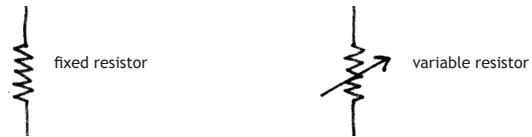
Circular knit stretch sensors:

>> <http://www.kobakant.at/DIY/?p=2108>

TEXTILE SENSORS

VARIABLE RESISTORS

The sensors we will construct in this workshop all work as variable resistors, meaning their electrical resistance changes under the circumstances of what they can sense.



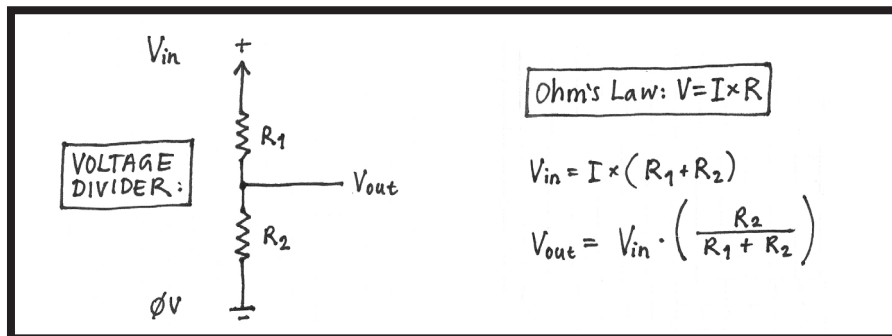
VOLTAGE DIVIDER

A voltage divider allows us to convert resistance into voltage. Connect two resistances in series, apply a voltage across them and measure the voltage at the point inbetween them - V_{out} .

Using Ohm's law you can calculate how much voltage will be at V_{out} .

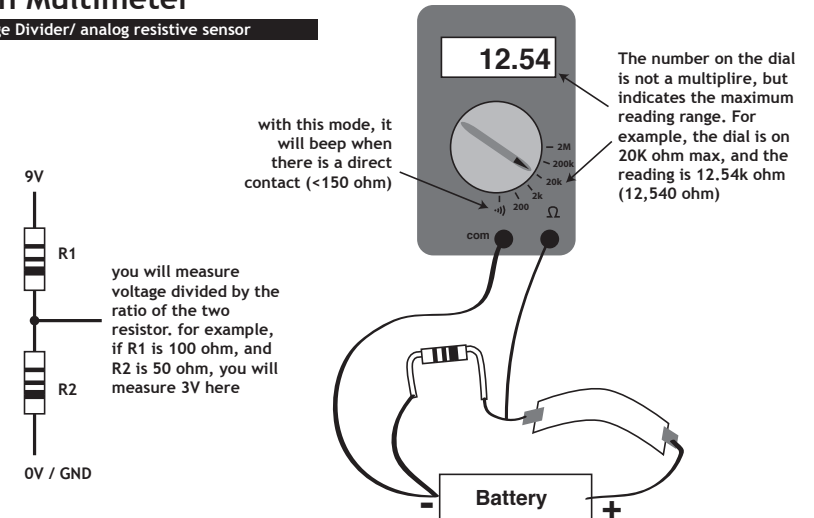
If one of these resistors were to vary their resistance, V_{out} would also vary.

Because the ADC (Analog to Digital Converter) of the Arduino microcontroller reads voltage (not resistance), you will need to create a voltage divider for every sensor that you want to read.



Reading Analog Sensors with Multimeter

Voltage Divider/ analog resistive sensor

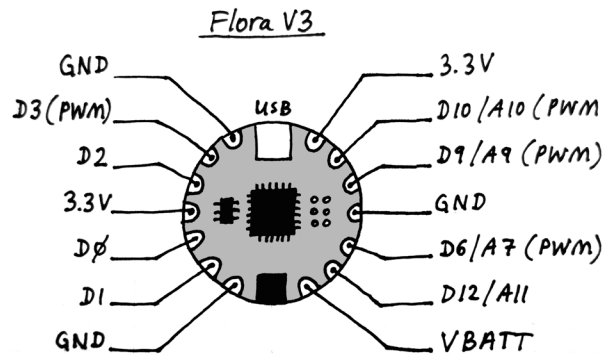


Voltage Divider Worksheet

Enter your sensor's resistance range, select your voltage divider, measure the voltage:

SENSOR	sensor's resistance range		voltage divider	sensor's voltage range	
	MIN Ω	MAX Ω	MEAN Ω	MIN V	MAX V

ARDUINO: MICROCONTROLLER PROGRAMMING



DOWNLOAD & INSTALL

Download the latest Arduino IDE version:

<https://www.arduino.cc/en/Main/Software>

Install the Flora:

<https://learn.adafruit.com/adafruit-arduino-ide-setup/arduino-1-dot-6-x-ide>

Download fastLED library:

<http://fastled.io/>

Workshop code examples:

https://github.com/KOBAKANT/workshop_material

Arduino CODE/SYNTAX

STRUCTURE

```
void setup() { . . . }
```

The setup function is called when a sketch starts. It will only run once after each powerup or reset of the Arduino board.

```
void loop() { . . . }
```

Loops consecutively, allowing your program to change and respond.

VARIABLES

byte 0 to 255

int -32,768 to 32,767

float 3.4028235E+38 and as low as -3.4028235E+38

char 'A' or "ABC" a character value

bool true or false

1byte

1byte

4bytes

1byte

1byte

I/O	DIGITAL	ANALOG
READ	digitalRead(pin); returns: HIGH or LOW	analogRead(pin); returns: 10bit analog reading between 0 - 1023 (ADC resolution)
WRITE	digitalWrite(pin, HIGH or LOW); writes: HIGH (3V, 5V) or LOW (0V or GND)	analogWrite(pin, [0-255]); writes: 8bit PWM duty cycle between 0 (always off) - 255 (always on)

SERIAL COMMUNICATION

```
Serial.begin(speed);
```

Sets the data rate for serial data transmission.

speed: in bits per second (baud)

```
Serial.print(val);
```

Prints data to the serial port as human-readable ASCII text.

val: the value to print - any data type

MATH

% "Modulo"

Remainder operation calculates the remainder when one integer is divided by another.

```
int x = 0;  
x = 7 % 5; // x now contains 2  
x = 9 % 5; // x now contains 4  
x = 5 % 5; // x now contains 0  
x = 4 % 5; // x now contains 4  
x = -4 % 5; // x now contains -4  
x = 4 % -5; // x now contains 4
```

```
map(value, fromLow, fromHigh, toLow, toHigh);
```

Re-maps a number from one range to another.

value: the number to map

fromLow, fromHigh: the lower and upper bounds of the value's current range

toLow, toHigh: the lower and upper bounds of the value's target range

returns: the mapped value

```
constrain(x, a, b);
```

Constrains a number to be within a range.

x: the number to constrain / a: the lower end of the range / b: the upper end of the range

returns: the constrained value

CONTROL STATEMENT

```
if (condition){ ... }
```

Executes the proceeding statement or set of statements if the condition is 'true'.

condition: true or false

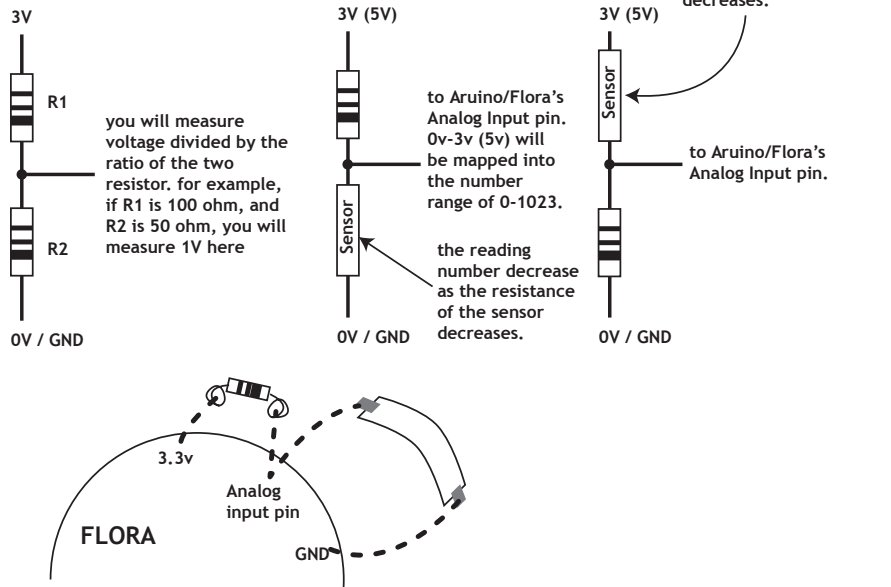
```
for (initialization; condition; increment) { . . . }
```

Repeats a block of statements enclosed in curly braces as long as the condition is true.

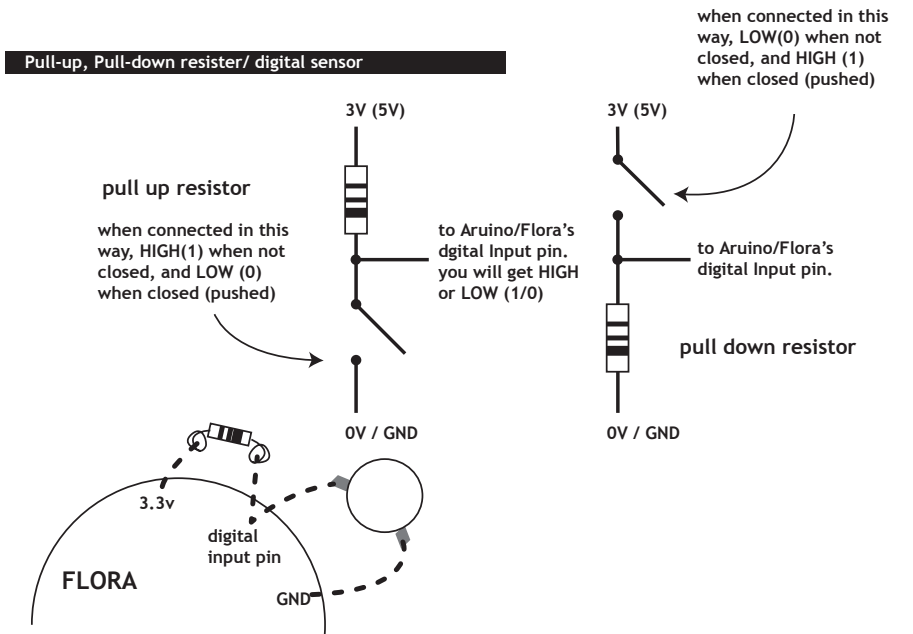
When the condition becomes false, the loop ends.

Reading Sensors with Arduino

Voltage Divider/ analog resistive sensor



Pull-up, Pull-down resistor/ digital sensor



Lulu Daisy - Programming light into textile

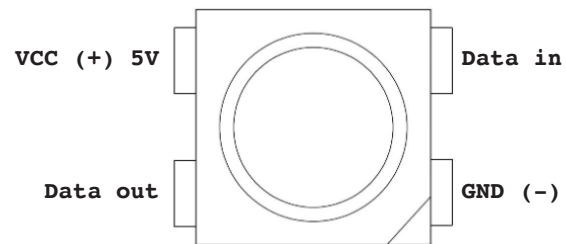
Lulu is a hardware solution that interfaces between an LED light source, an optic fiber strand or bundle, and sewable soft circuit connections.

Lulu is providing a simple, reliable toolset for people who want to use side glow optical fibers in their eTextile and wearable projects. Use of light in textile and fashion design is becoming more and more common and many schools started to teach this subject as a part of their textile design curriculum. Optic fibers could be embedded in textiles as embroidery, in weaving, knitting and knotting process and many textile designs have been realized in recent years.

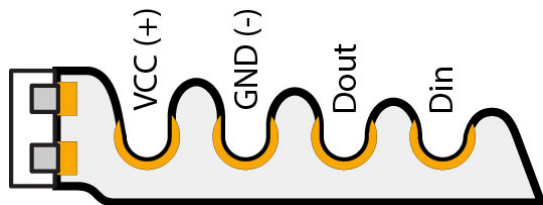
This is the first version of the Lulu Daisy Bumblebee_18.01 and you are our beta-testers:-)

>> <https://github.com/eTextile/Lulu>

WS2018 MINI addressable LED

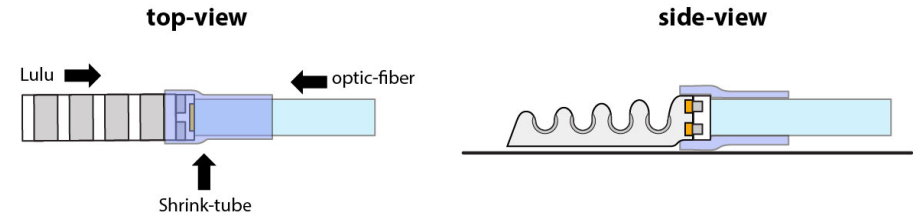


Lulu Daisy Bumblebee_18.01



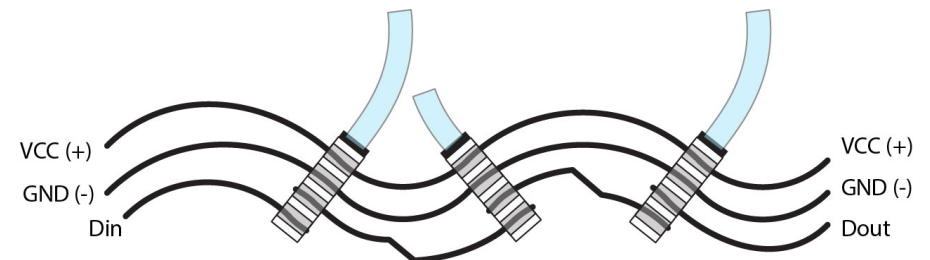
Connect Optic-Fiber with Lulu

Before sewing your optic-fiber into your project connect the Lulu to the end(s) of the fiber using shrink-tube that has hot-melt-adhesive inside.



Sew Circuit

You can sew the VCC(+) and GND(-) connections with one long piece of conductive thread. The Data-in contact should connect to the Data-out contact as shown in this illustration:



Lulu Daisy Bumblebee

programming light into textile

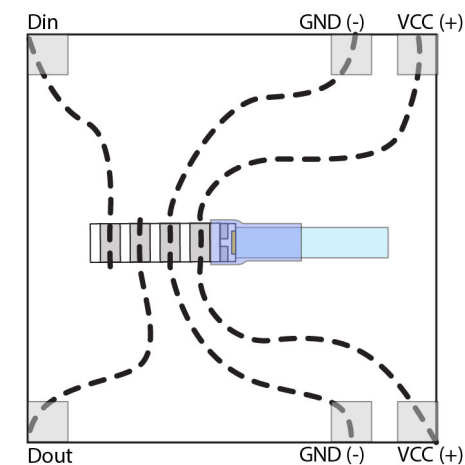
Lulu is a hardware solution that interfaces between an LED light source, an optic fiber strand or bundle, and sewable soft circuit connections.

Materials:
Conductive thread
Conductive fabric with fusible
Lulu Daisy Bumblebee
Shrink-tube 6mm with hot-melt-adhesive
Optic-fiber 2mm sideglow

Tools: sewing needle, scissors, hot-air-gun

Techniques: sewing, cutting, shrinking tube

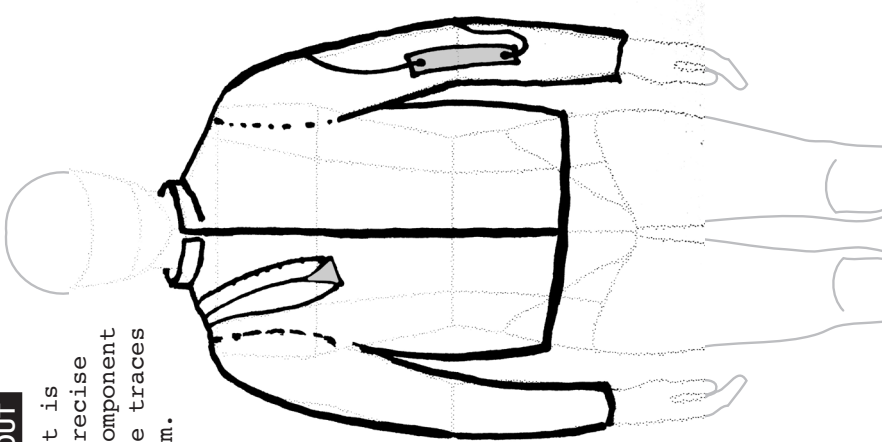
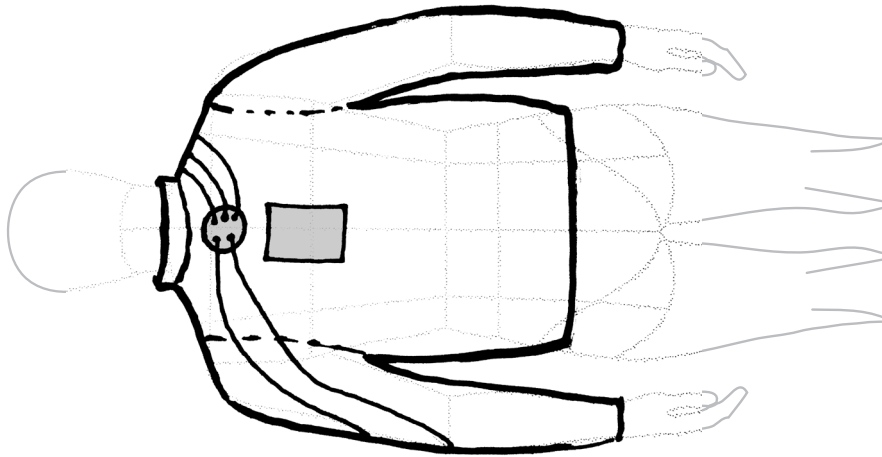
Lulu:
>> <https://github.com/eTextile/Lulu>



DESIGN SKETCH

CIRCUIT LAYOUT

Once your circuit is tested, make a precise drawing of the component placement and the traces that connect them.



E-TEXTILE DESIGN PROCESS

CONSTRAINTS

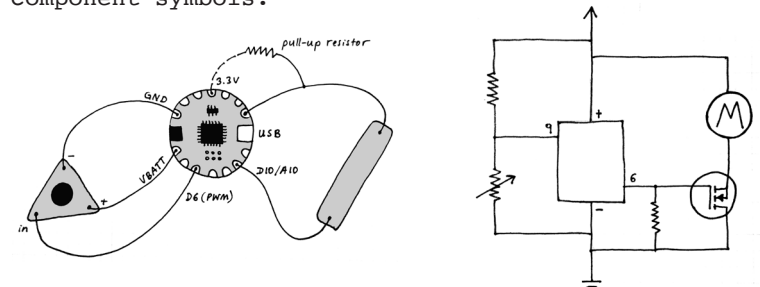
- poem
- integration into existing garment
- max 2 sensors to detect movement
- max 2 addressable LEDs
- max 2m of sideglow optic fiber
- 1 Flora
- 1 USB powerbank
- 1 day

ARTISTIC INTERPRETATION

- what is the core statement of your commissioner's poem
- what gesture will trigger what lighting effect?

CIRCUIT DIAGRAM

Draw a schematic diagram of your circuit that indicates what connects with what. You can do this graphically or abstractly using component symbols.

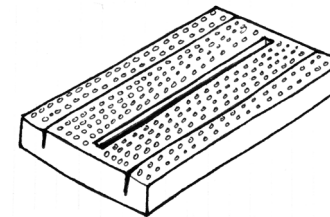


PSEUDO-CODE

Write in human-language what operations your program will do?

example:

"if sensor value goes below a certain threshold, then LED should fade from yellow to red"

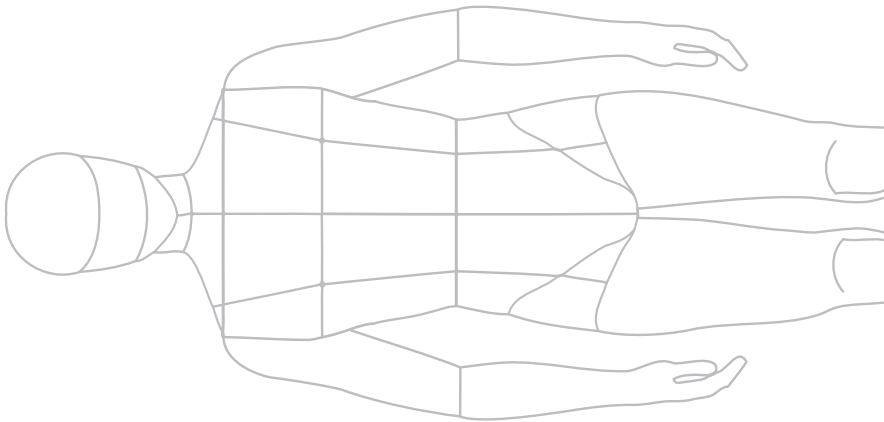
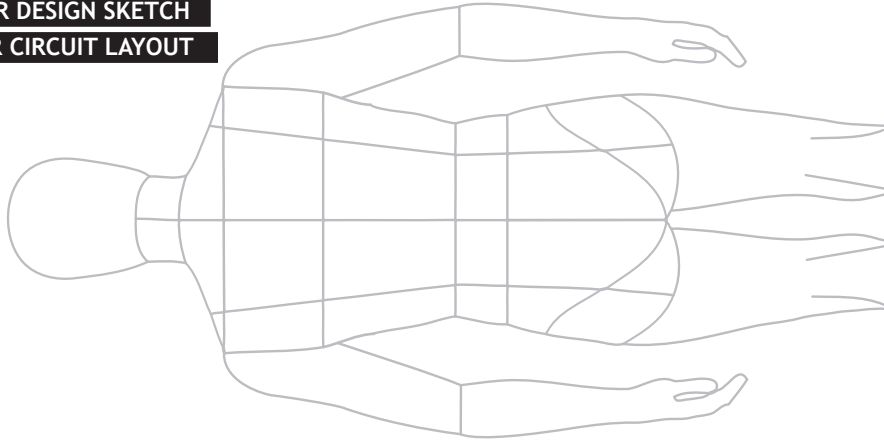


CIRCUIT PROTOTYPING

Before finalizing your circuit test it using a breadboard and crocodile clips.

YOUR DESIGN SKETCH

YOUR CIRCUIT LAYOUT



YOUR CIRCUIT DIAGRAM

YOUR PSEUDO-CODE

Lulu Questionnaire

What experience do you already have working with...

...electronics: none – some – expert
...programming: none – some – expert
...textiles: none – some – expert
...e-textiles: none – some – expert

Please explain what the Lulu is in your own words:

How would you rate your experience of working with the Lulu?
easy – good learning curve – hard learning curve – difficult

What do you know now that you wish you had known in the beginning of this course?

What tip would you give somebody who is new to Lulu?

What did you like best about working with the Lulu?

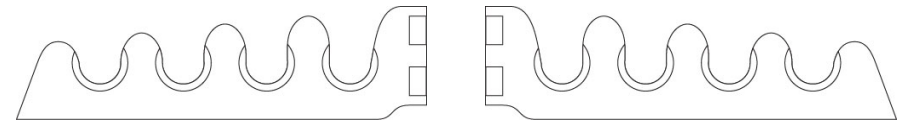
What was most difficult about using the Karl-Grimm conductive thread to sew the Lulu circuitry?

What did you do with the ends of your conductive thread?
tie knot – solder – other: _____

How was it to work with the optic fiber?
shrink-tube process: easy – medium – hard
couching technique: easy – medium – hard

When you had questions about the Lulu and the other materials, where did you find answers?
teacher – other students – online – other: _____

How would you design the pin-out markings on the Lulu board?



Do you think you will use the Lulu in future projects?
yes – no – maybe

If YES, what do you want to build?

If NO, why not?

How would you want to buy a Lulu in future?
local shop – online – order PCB and assembly yourself – other: _____

Do you prefer to buy the Lulu independently or in a kit with other materials?
independantly – kit

How much would be willing to pay for a single Lulu?
_____ Euro

How much would be willing to pay for a kit containing:
2 Lulus, shrink-tube, 2m optic-fiber, 5m conductive thread?
_____ Euro

What materials and tools would you need to work with the Lulu that you don't already have?

Anything else?



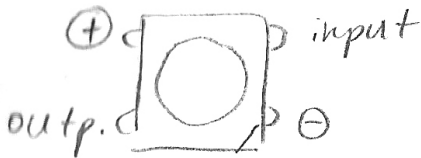
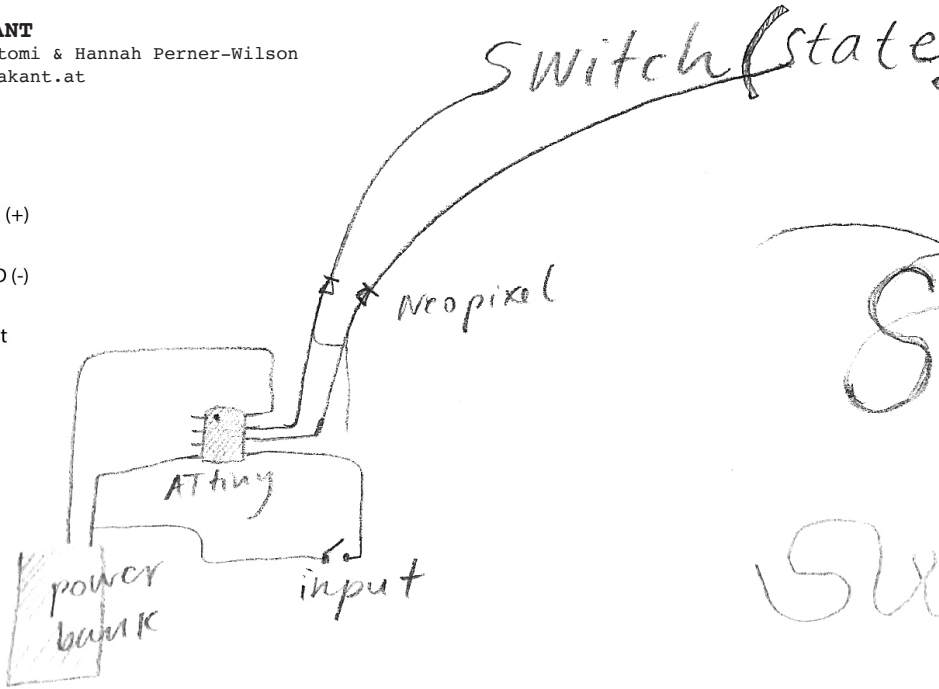
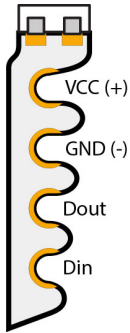
After completing this questionnaire, please take a photo and email it to: lulu@etextile.org

KOBA BY KOBAKANT

Schneiderei für Elektronische Textilien
Görlitzer Strasse 72, 10997 Berlin/Germany

KOBAKANT

Mika Satomi & Hannah Perner-Wilson
www.kobakant.at



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